



First Aid to Save a Life (FATSAL) is the leading [training](#), [consultancy](#) and [sales](#) company in the field of first aid and emergency management solutions. FATSAL is **pioneer** in introducing **Accredited** First Aid, CPR, AED and other specialized trainings in Pakistan. FATSAL is **accredited by MEDIC First Aid International** (since 2007) and **American Safety and Health Institute** (since 2017). FATSAL is the only institute authorized in Pakistan to conduct MFA and ASHI's **Instructor Development Courses (TTT)**.

MFA/ASHI are a **world leader** of corporate CPR, AED and First Aid training programs, with a special focus on standardized, convenient workplace training. Our courses will provide you what you expected; **a value on investments and highest ratio of skilled and experienced employees**.

Consistent Training: Video-based, instructor-led courses make training time more effective and productive, with an easy step-by-step approach. These dynamic and engaging programs help build the confidence to respond and provide ongoing content retention tools to keep skills fresh and ready to use. Training is available through traditional classroom and blended learning options.

Program Approval: Adhering to the most current scientific guidelines, standards, and expert recommendations, our programs and services offer flexible options to satisfy students, clients and industry requirements. Our study material is in compliance to ILCOR, **American Heart Association (AHA)**, **American Red Cross (ARC)**, **European Resuscitation Council (ERC)** and other renowned organizations, **and other industry standards and techniques**.

BasicPlus: CPR, AED & first aid for adults training program designed specifically for the occupational first aid provider. This program will help employers meet training requirements as per international/national standards for employees; how to respond & care for medical emergencies at work.

Child & Babysitting Safety: CABS course can help build peace of mind in everyone concerned, by giving a proven, effective way to care for children. It gives everything childcare need to know, from getting started, to dealing with parents & children, to key safety, care-giving, and first aid tips.

PediatricPlus: CPR, AED & first aid for children, infants and adults is an ideal training solution for parents, teachers, caregivers, schools, daycare/childcare providers, babysitter, youth sports coaches, first aid providers, and others required to learn how to respond to medical emergencies involving children & infants.

CarePlus CPR & AED: Combined adult, child, and infant CPR & AED program designed specifically for persons who are occupationally required or just desire to have CPR and AED knowledge and skills.

Why FATSAL?

With over 12 years experience in health and safety profession and 10 years experience with MEDIC First Aid we are proven leaders and the preferred single-source provider of emergency care and first aid training solutions for instructors, small businesses and large corporations, schools, daycare, sport coaches, international certification bodies, and International agencies.

In this very global but competitive world, we are proud to serve our clients where they **work and live**. We also offer **flexible scheduling** to work with your hours of operation and **provide bespoke and on-site** trainings to minimize time losses.

Our programs put **lifesaving skills in context with real-life scenarios** students can relate to. The cornerstone of training is material available for hands-on learning and we ensure that students have ample time for learning on the best tools available.



Why Train?

Compliance with regulatory requirements or corporate policies or industry challenges or international policies is often the motivation to provide workplace trainings. However, the true value of safety and emergency care training is preventing workplace injuries and preparing your team to respond when something does happen.

When an **Emergency Strikes**,

Will You Be Ready to Save a Life?

A robust training program helps ensure that someone is available with the confidence and knowledge to use the appropriate techniques, practices, and recognize, assesses, and prioritize the need for first aid, provide appropriate first aid, recognize limitations and personal safety, seek professional medical assistance when necessary, avoid secondary accidents, and sometimes, even save a life. While you can't predict when an emergency will occur, **you can be prepared**. In less time than you think, FATSAL can give you the **vital knowledge and skills** you'll need to respond to a life-threatening situations with confidence.

Students who have trained through our training programs are prepared to come to the aid of those around them. From lay providers with basic first aid skills to professional responders using advanced techniques, the training you provide can make all the difference.

Effective and immediate bystander CPR and USE of an AED can double or triple a victim's chance of survival, yet less than 10 percent of out-of-hospital sudden cardiac arrest (SCA) victims receive bystander CPR. Unless CPR and defibrillation are provided within minutes of collapse, few attempts at resuscitation are successful.

With treatment that is initiated within 4-6 minutes of an SCA incident, survival rates can be as high as 90 percent. For each additional minute without treatment, survival rates decreases by about 10 percent.

At First Aid to Save a Life, we are dedicated to bringing the most effective emergency care and safety training available today to workplaces and communities. We are committed to made available the best quality training aids for interactive and hands-on learning.

To Order

We are a training, consultancy and **supply company**. By partnering with FATSAL, customers receive a variety of valuable services and resources. Our unique service offerings make it easy to create a total training solution for any organization. For more information or to buy training supplies, visit <https://firstaidtosavealife.com> or contact

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